

SEPTEMBER | 2019



Piqua Central Intermediate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Mozzarella Dippers (26) w/ Marinara (6) Cheeseburger (21) French Fries (12) Steamed Broccoli (2) Fresh Apple Slices (18) Peaches (14)	4 Chicken & Noodles (11) Chicken Nuggets (15) Dinner Roll (15) Mashed Potato (15) Green Beans (4) Pumpkin Custard (32) Strawberries (22) Pears (16)	5 Big Daddy Pizza (35) Pulled Pork Sand. (21) Cucumbers (0) & Tomatoes (2) w/ Ranch (5) Peas (11) Grapes (16) Jello w/ Fruit (23)	6 Cheese Quesadilla (40) Sloppy Joe (31) Glazed Carrots (16) Corn (16) Fresh Banana (27) Mandarin Oranges (20)
9 Dorito Walking Taco (28) Meat & Cheese (3) Chicken Fajita (21) Lettuce & Salsa (5) Refried Beans (16) Fresh Oranges (21) Applesauce (14)	10 Hot Ham & Cheese (25) BBQ Chicken Sand (25) Baked Potato (24) Steamed Broccoli (2) Cheese Sauce (5) Fresh Apple Slices (18) Peaches (14)	11 East of Chicago (42) Chicken Fingers (8) w/ Dinner Roll (15) California Blend (5) Baby Carrots (12) w/ Ranch (5) Strawberries (22) Pears (16)	12 Chicken Strips & Waffles (34) French Toast & Sausage (23) Syrup Cup (29) Tater Rounds (14) Glazed Carrots (16) Grapes (16) Orange Juice (19)	13 Cheese Garlic Bread (22) Marinara Sauce (6) Chicken Bacon Ranch Flatbread Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fresh Banana (27) Mandarin Oranges (20)
16 Mini Corn Dogs (20) Cheeseburger (25) Baby Carrots (12) w/ Ranch (5) Baked Beans (36) Fresh Oranges (21) Applesauce (14)	17 Spaghetti (34) w/ BBQ Rib w/ Pickle (33) Salad (4) w/ French (6) or Ranch (5) Green beans (4) Fresh Apple Slices (18) Peaches (14)	18 Grilled Cheese (31) Chicken Patty (34) Tomato Soup (20) Steamed Broccoli (2) Strawberries (22) Pears (16)	19 Big Daddy Pizza (35) Shredded Pork BBQ (25) Celery (2) w/ Ranch (5) Corn (16) Grapes (16) Jello w/ Fruit (23)	20 Roasted Chicken (0) Chicken Nuggets (15) Dinner Roll (15) Mashed Potato (15) Glazed Carrots (16) Fresh Banana (27) Mandarin Oranges (20)
23 Mac & Cheese (28) Fish Sticks (22) Dinner Roll (15) Potato Wedges (7) Cooked Carrots (16) Fresh Oranges (21) Applesauce (14)	24 Chicken Fajita (21) Taco Salad (21) Lettuce & Salsa (5) Refried Beans (16) Fresh Apple Slices (18) Peaches (14)	25 East of Chicago (42) Chicken Fingers (13) Dinner Roll (15) Peas (11) Baby Carrots (12) w/ Ranch (5) Strawberries (22) Pears (16)	26 Ravioli (28) Chicken Alfredo (41) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Grapes (16) Pineapple (20)	27 General Tso Chicken (25) w/ Rice (15) Popcorn Chicken (20) w/ Dinner Roll (15) French Fries (14) Steamed Broccoli (2) Fresh Banana (27) Mandarin Oranges (20)
30 Coney Dog (2) w/ Cheese (0) Bun (21) Chicken Patty (28) Baked Beans (36) Baby Carrots (12) w/ Ranch (5) Fresh Oranges (21) Applesauce (14)	1 Mozzarella Dippers (26) w/ Marinara (6) Cheeseburger (21) French Fries (12) Steamed Broccoli (2) Fresh Apple Slices (18) Peaches (14)	2 Chicken & Noodles (11) Chicken Nuggets (15) Dinner Roll (15) Mashed Potato (15) Green Beans (4) Pumpkin Custard (32) Strawberries (22) Pears (16)	3 Big Daddy Pizza (35) Pulled Pork Sand. (21) Cucumbers (0) & Tomatoes (2) w/ Ranch (5) Peas (11) Grapes (16) Jello w/ Fruit (23)	4 Buffalo Chicken & Chips (47) Cheese Quesadilla (40) Glazed Carrots (16) Corn (16) Fresh Banana (27) Mandarin Oranges (20)

Fruit & Vegetables

**You MAY take 1
Fruit choice and 2
Vegetables with your
meal
But it is
REQUIRED that
You take at least 1 of one
or the other
To count as a
Reimbursable
School meal**

**All lunches come
With low-fat
Or no fat Milk**

**All grains served
Are
Whole grain
Enriched**

**Milk is ALWAYS .50
Unless it is with a meal**

(##) is Carb count