



# MARCH | 2019

## Piqua Jr High School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**25** Mac & Cheese (27)  
Dinner Roll (15)  
Fish (21)  
Potato Wedges (14)  
Cooked Carrots (16)  
Fresh Oranges (21)  
Mixed Fruit (15)

**26** Ravioli (28)  
Pizza Bob (30)  
Salad (4) w/  
French (6) or Ranch (5)  
Green Beans (4)  
Fresh Apple Slices (18)  
Peaches (14)

**27** General Tso Chicken (18)  
w/ Rice (29)  
Popcorn Chicken (9)  
w/ Roll (15)  
French Fries (14)  
Steamed Broccoli (2)  
Grapes (16) Pears (16)

**28** Chicken Fajita (21)  
Taco Salad (21)  
Lettuce & Salsa (5)  
Refried Beans (16)  
Strawberries (6)  
Pineapple (20)

**1** East of Chicago (42)  
Chicken Fingers (8) w/  
Dinner Roll (15)  
Peas (11)  
Baby Carrots (12) w/  
Ranch (5)  
Fresh Banana (27)  
Mandarin Oranges (20)

**4** Coney Dog (2) w/  
Cheese (0) Bun (21)  
Chicken Patty (28)  
Baked Beans (36)  
Baby Carrots (12) w/  
Ranch (5)  
Fresh Oranges (21)  
Applesauce (14)

**5** Mozzarella Dippers (26)  
w/ Marinara (6)  
Cheeseburger (21)  
French Fries (12)  
Steamed Broccoli (2)  
Fresh Apple Slices (18)  
Peaches (14)

**6** Cheese Quesadilla (40)  
Sloppy Joe (31)  
Glazed Carrots (16)  
Corn (16)  
Grapes (16)  
Pears (16)

**7** Chicken & Noodles (21)  
Chicken Nuggets  
Dinner Roll (15)  
Mashed Potato (15)  
Green Beans (4)  
Pumpkin Custard (32)  
Strawberries (21)  
Jell & Fruit (23)

**8** Big Daddy Pizza (35)  
Pulled Pork Sand. (21)  
Cucumbers (0) & Tomatoes (2)  
w/ Ranch (5)  
Peas (11)  
Fresh Banana (27)  
Mandarin Oranges (20)

**11** **Dorito** Walking Taco (28)  
Meat & Cheese (3)  
Pulled Pork Fajita (21)  
Lettuce & Salsa (5)  
Refried Beans (16)  
Fresh Oranges (21)  
Applesauce (14)

**12** Cheese Garlic Bread (22)  
Marinara (6)  
Chili (15) Combread (28)  
Salad (4) w/  
French (6) or Ranch (5)  
Green Beans (4)  
Fresh Apple Slices (18)  
Peaches (14)

**13** Chicken & Waffles (34)  
French Toast (40) Sausage Patty  
Syrup Cup (29)  
Tater Rounds (14)  
Glazed Carrots (16)  
Orange Juice (19)  
Pears (16)

**14** Hot Ham & Cheese (25)  
BBQ Chicken Sand (25)  
Baked Potato (24)  
Steamed Broccoli (2)  
Cheese Sauce (5)  
Strawberries (6)  
Pineapple (20)

**15** East of Chicago (42)  
Chicken Fingers (8) w/  
Dinner Roll (15)  
California Blend (5)  
Baby Carrots (12) w/  
Ranch (5)  
Fresh Banana (27)  
Mandarin Oranges (20)

**18** Mini Corn Dogs (20)  
Cheeseburger (25)  
Baby Carrots (12) w/  
Ranch (5)  
Baked Beans (36)  
Fresh Oranges (21)  
Applesauce (14)

**19** Spaghetti (18) w/  
BBQ Rib w/ Pickle (25)  
Salad (4) w/  
French (6) or Ranch (5)  
Green beans (4)  
Fresh Apple Slices (18)  
Peaches (14)

**20** Grilled Cheese (31)  
Chicken Patty (28)  
Tomato Soup (10)  
Steamed Broccoli (2)  
Grapes (16)  
Pears (16)

**21** Roasted Chicken (0)  
Chicken Fingers (8)  
w/ Dinner Roll  
Mashed Potato (15)  
Glazed Carrots (38)  
Strawberries (6)  
Jell & Fruit (23)

**22** Big Daddy's Pizza (34)  
Shredded BBQ (39)  
Celery (2) w/  
Ranch (5)  
Corn (16)  
Fresh Banana (27)  
Mandarin Oranges (20)

**25**  
**NO SCHOOL**

**26**  
**NO SCHOOL**

**27**  
**NO SCHOOL**

**28**  
**NO SCHOOL**

**29**  
**NO SCHOOL**

### **Fruit** & **Vegetables**

**You MAY take 1  
Fruit choice and 2  
Vegetables with your  
meal  
But it is  
REQUIRED that  
You take at least 1 of one  
or the other  
To count as a  
Reimbursable  
School meal**

**All lunches come  
With low-fat  
Or no fat Milk**

**All grains served  
Are  
Whole grain  
Enriched**

**Milk is ALWAYS .50  
Unless it is with a meal**

**(##) is Carb count**