



# MARCH | 2019

## Piqua High School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**25** Mac & Cheese (28)  
Fish Sticks (22)  
Dinner Roll (15)  
Potato Wedges (14)  
Cooked Carrots (16)  
Fresh Oranges (21)  
Applesauce (14)

**26** Ravioli (28)  
Pizza Bob (30)  
Salad (4) w/  
French (6) or Ranch (5)  
Green Beans (4)  
Fresh Apple Slices (18)  
Peaches (14)

**27** General Tso Chicken (25)  
w/ Rice (29)  
Popcorn Chicken (20)  
w/ Roll (15)  
French Fries (14)  
Steamed Broccoli (2)  
Grapes (16)  
Pears (16)

**28** Chicken Fajita (21)  
Taco Salad (21)  
Lettuce & Salsa (5)  
Refried Beans (16)  
Strawberries (22)  
Pineapple (20)

**1** East of Chicago (42)  
Chicken Fingers (13) w/  
Dinner Roll (15)  
Cucumbers (0) & Tomatoes (2)  
Baby Carrots (12) w/  
Ranch (5)  
Fresh Banana (27)  
Mandarin Oranges (20)

**4** Coney Dog (2)  
w/ Cheese (0) Bun (21)  
Chicken Patty (28)  
Baked Beans (36)  
Baby Carrots (12) w/  
Ranch (5)  
Fresh Oranges (21)  
Applesauce (14)

**5** Mozzarella Dippers (26)  
w/ Marinara (6)  
Cheeseburger (21)  
French Fries (12)  
Steamed Broccoli (2)  
Fresh Apple Slices (18)  
Peaches (14)

**6** Cheese Quesadilla (40)  
Sloppy Joe (31)  
Glazed Carrots (16)  
Corn (16)  
Grapes (16)  
Pears (16)

**7** Chicken & Noodles (21)  
Chicken Nuggets (13)  
Dinner Roll (15)  
Mashed Potato (15)  
Green Beans (4)  
Pumpkin Custard (32)  
Strawberries (22)  
Jello & Fruit (23)

**8** East of Chicago (42)  
Pulled Pork Sand. (26)  
Cucumbers (0) & Tomatoes (2)  
w/ Ranch (5)  
Peas (11)  
Fresh Banana (27)  
Mandarin Oranges (20)

**1** **Dorito** Walking Taco (28)  
Meat & Cheese (3)  
Chicken Fajita (21)  
Lettuce & Salsa (5)  
Refried Beans (16)  
Fresh Oranges (21)  
Applesauce (14)

**12** Cheese Garlic Bread (22)  
Chili (15) Combread (28)  
Gold Fish Crackers (14)  
Salad (4) w/  
French (6) or Ranch (5)  
Green Beans (4)  
Fresh Apple Slices (18)  
Peaches (14)

**13** Chicken & Waffles (34)  
French Toast (46)  
Syrup Cup (29)  
Tater Rounds (16)  
Glazed Carrots (16)  
Orange Juice (19)  
Pears (16)

**14** Hot Ham & Cheese (25)  
BBQ Chicken Sand. (28)  
Baked Potato (24)  
Steamed Broccoli (2)  
Cheese Sauce (5)  
Strawberries (22)  
Pineapple (20)

**15** East of Chicago (42)  
Chicken Fingers (13) w/  
Dinner Roll (15)  
Baby Carrots (12) w/Ranch (5)  
California Blend (5)  
Fresh Banana (27)  
Mandarin Oranges (20)

**18** Mini Corn Dogs (20)  
Cheeseburger (25)  
Baby Carrots (12) w/  
Ranch (5)  
Baked Beans (36)  
Fresh Oranges (21)  
Applesauce (14)

**19** Spaghetti (34) w/  
Breadstick (14)  
BBQ Rib w/ Pickle (38)  
Salad (4) w/  
French (6) or Ranch (5)  
Green beans (4)  
Fresh Apple Slices (18)  
Peaches (14)

**20** Grilled Cheese (31)  
Chicken Patty (39)  
Tomato Soup (20)  
Steamed Broccoli (2)  
Grapes (16)  
Pears (16)

**21** Roasted Chicken (0)  
Chicken Nuggets (15)  
Dinner Roll (15)  
Mashed Potato (15)  
Glazed Carrots (16)  
Strawberries (22)  
Jello & Fruit (23)

**22** East of Chicago (42)  
Shredded BBQ (30)  
Celery (2) w/  
Peanut butter cup (8)  
Com (16)  
Fresh Banana (27)  
Mandarin Oranges (20)

**25**  
**NO SCHOOL**

**26**  
**NO SCHOOL**

**27**  
**NO SCHOOL**

**28**  
**NO SCHOOL**

**29**  
**NO SCHOOL**

### Fruit & Vegetables

You **MAY** take 2  
Fruits and 2  
Vegetables with your meal  
But it is  
**REQUIRED** that  
You take at least 1 of one or  
the other  
To count as a  
Reimbursable  
School meal

All lunches come  
With low-fat  
Or no fat Milk

### Other Choices

Chicken Patty Sandwich (28)  
Cheeseburger (26)  
Cheese Sticks (30)  
Spicy Chicken Sandwich (28)  
School Pizza (33)  
Salads (15)  
PB&J w/ Yogurt (44)  
(##) is Carb count