

Piqua High School Newsletter

October 2016

Rob Messick - Principal
Lori Sexton - Assistant Principal
Darrel Hite - Assistant Principal
Chip Hare - Director of Athletics



Principal's News

PHS Students and Parents,

Thank you for the support that you have provided to your children and PHS throughout the first quarter of school. Our teachers continue to work tirelessly to provide exceptional instruction and students at PHS are responding positively. As we enter November, I would like to remind everyone that our first grading period of the school year will end and you should have gotten updated grades through Progress Book.

This is a pivotal time in the school year for our students as plans for intervention for those who are struggling and acceleration for those who are making positive progress can be put into place. Your input is very important as these decisions are being made by our teachers. Grade cards will be distributed on Friday November 4 during 1st period.

As we begin the second quarter, please do not hesitate to contact our teaching staff, guidance counselors and administrators with concerns and or questions regarding your son or daughter. The email address for each person at PHS is the staff member's last name followed by first initial and ending with @piqua.org (i.e. messickr@piqua.org). Please take some time to look through this newsletter for information regarding upcoming events.

Sincerely,

Rob Messick

PHS Principal

From The Nurse

Is it a Cold or the Flu?

The leaves are turning colors, and I think I see frost on the lawns! The warm summer days are gone, and fall/winter is here. As we transition into the chilly fall and winter months ahead, we know that cold and flu season is upon us. I often get the question, Is it a cold or the flu? It's not always easy to tell the difference between the two, so I thought I would list some general symptoms that may help differentiate between them.

Flu Symptoms:

- Sudden Onset
- High Fever
- Severe Exhaustion
- Dry Cough
- Headache
- Decreased Appetite
- Muscle Aches
- Chills
- Usually No Sore Throat

Cold Symptoms:

- Slow Onset
- No (or mild) Fever
- Mild Exhaustion
- Severe/Hacking Cough
- Usually No Headache
- Normal Appetite
- Usually No Chills
- Sore Throat

Remember hand washing helps stop the spread of germs!

*All medication taken at school must have a Piqua City Schools medication/administration form completed by a Doctor and parent.

Liana Michael
PHS/School Nurse

Homecoming News



The Homecoming game was against Greenville on October 7 with the dance in the PHS commons on October 03 from 8:00-11:00.

“*Hawaiian Luau*” was this year’s theme.

The 2016 Homecoming Queen and King:

Queen – Claire Hilleary

King - Darby Wright

The 2016 Homecoming Court:

Queen Candidates: Kayli Anderson, Ashley Brading, Allison Cox, Alexis Gordon, Claire Hilleary, Abby Rudd, Katie Sherman, Claire Went.

King Candidates: Tristen Cox, Dylan Cole, Anthony Grunkemeyer, Hunter Hawk, Andy Mayse, Caleb Patton, Aaron Thompson, Darby Wright.

Annual Piqua Troy Blood Drive

The annual Piqua-Troy Blood Drive took place at Piqua High School on Tuesday October 25. Students gave blood at school in the gym from 9:00 - 1:00.

Thank you PHS for participating!

PIQUA beat Troy this year - SO THANK YOU for the Gift of Life!

Sports Physicals

Boys and Girls Winter Sports Physicals must be on file in the athletic office the first day of practice. You must be passing 5 credits and avoid 2 f’s

ATHLETIC REMINDER

Boys and Girls Winter Sports Physicals must be on file in the athletic office the First day of practice. You must be passing 5 credits And avoid 2 f’s

College and Career Week

Students at Piqua High School had the opportunity to learn more about colleges and careers during the week of October 4, 2016.

Students signed up to visit with college reps or various career choices were presented.

Thanks to those career specialists and college representatives who gave up time from their busy schedules to come to PHS. This is a great time for our students to think about their futures and career choices.

Parent Authorization Forms ONLINE this year

We must have updated forms each year. Many times families move, people change jobs, cell phones are purchased or other contacts may change. We must have this vital information. We know it seems like an inconvenience, but in an emergency, we must be able to reach you. Thanks for taking the time to fill out these valuable forms.

LUNCH CHARGES - You may use the Pre-pay Lunch Program on the Piqua City Schools Website under the “Parents & Students” Link. Allow 2 days for processing.

Students may make credit payments for lunch between the hours of 2:30 - 3:30 pm daily.

Class Rings

Freshman met with the Jostens Representative Monday September 26 during 1st period.

Mr. Edridge reviewed cost information and showed samples. If you need more information concerning class rings or graduation supplies please call Mr. Eldridge at Jostens 937-554-9904.

The PHS WEBSITE has many school forms that you may access from home.

Go to www.piqua.org Choose: Piqua High School and “Forms and Downloads.”

Our Travel Release forms, The Physical Packet, Transcript Request form, Medical forms, and more are all listed on this page.

The PHS fax number is: 937-778-4514 if you wish to fax a form to us.

SENIOR NEWS

- Students should have their college choices narrowed down to 3-5. Go online to see the admission requirements. Print the requirements. Do you have to write an **essay**? Do they want letters of recommendation? When must everything be submitted?
- Go to the college's website and search for the scholarships they offer. Watch their deadlines. Some require everything (application, test scores, transcripts, etc.) to be submitted by December 1. Make sure you meet their deadline!
- Scholarships are listed on the PHS Website. Go to www.piqua.org. Click on "Our Schools" followed by "Piqua High School." Scroll down and click on "Guidance Department" followed by "Scholarship Lists"
- Students interested in playing Div I or II sports? Please be sure you have gone over your class history and are in the required college level classes. You will also need to register with the NCAA Clearinghouse
- As students receive acceptance letters and scholarship offers, be sure to bring your letters to Mrs. Huntsman.
- Seniors are allowed 3 college visits per year. We can also arrange for these to be a job shadow or apprenticeship observation. Students interested in pursuing an apprenticeship after high school? See Mrs. Huntsman for information.
- **ACT deadline for the December 10 test is November 4.** Send your scores to the maximum number allowed. If you have applied to the NCAA Clearinghouse, have scores sent there too.
 - ***There will be an ACT Boot Camp for students in grades 10 - 12 on December 2. Interested Students can pick up a Boot Camp permission slip from the guidance office.**
- Procrastination...If this describes your child, they may be overwhelmed. They may need active help in the process. Make a list of deadlines. Sit down together and begin working on applications. Help organize and set priorities but let your student do the real work.



UVCC ORIENTATION FOR SOPHOMORES

All interested sophomores and juniors have the opportunity to talk to career advisors from the UVCC on November 1. Sophomores will tour the UVCC during Explore Career Days on November 30. After that process sophomores will decide upon which program they are interested in.

Piqua Teen Leadership

Piqua Teen Leadership program provides basic leadership skills, communication skills, increased confidence and an awareness of the Piqua community. The teens meet one day each month from November to May.

Congratulations to the following **Junior Piqua Teen Leaders**: Cameron Brown, Meredith Butt, Amanda George, Derek Hite, Kelsey Magoteaux, Madalynn Mitchell, Jenna Parker, Mikayla Schaffner, Ben Schmeising, Hayden Schrubb, Lily Stewart, and Lauren Williams.

Seniors include: Andy Mayse, Savannah Charles, Ashley Brading, Anna Klopfenstein, Caleb Patton, Claire Hilleary, Maya Vulcan, Kayli Anderson, Kayla Jones, Katie Sherman, and Darby Wright.

Yearbook News Orders for 2017 yearbooks are now being accepted. This year, the entire yearbook will be in color. The cost of a book is still just \$60 until February 3rd. Order your book now before the prices rise again! You can order your books by picking up a form in the office or online at <http://jostensyearbooks.com>. You have the option make payments online, or if you are writing a check, be sure to make it out to "Piqua High School."

Senior Spotlight/ Recognition Ads – Parents, if you're looking for a way to recognize the achievements of your senior son or daughter, the Piquonian's Spotlight is the way to go! You can purchase a quarter to a full page of yearbook space to highlight your 2017 graduate or student. This is a great place to feature baby, candid, or senior pictures and a personal message to show your grad how proud you are. We can design your spot for you or you can submit what you would like to appear in the 2017 yearbook and the staff will take care of it. You can also create and pay for an ad online at <http://jostensadservice.com>. Prices are as follows: 1/4 page - \$45; 1/2 page - \$80; Full page - \$150. March 17, 2017 is the deadline!

Senior Portraits can be turned in to Ms. Starrett in room 110. Please submit the photo in an envelope with the graduate's name printed clearly on the back of the photo as it is to appear in the yearbook. You may also submit the same information by email at starrettk@piqua.org. Senior Portraits will be accepted until March 1, 2017.

This year, we are taking photos from all students, staff, parents, and community members for possible use in the yearbook! Please go to www.replayit.com to upload your photos for Piqua High School. Also, check out the "Replay It" app available in the Google store or iTunes store! Share your memories with the Piquonian!

Music News

PIQUA BAND INVITATIONAL A SUCCESS! Date was October 15 at 4:00 pm. 19 Bands performed at Alexander Stadium. Come out for a great day of music. \$7.00 for adults, \$5.00 for students and senior citizens.

Pep Band will begin in December with the start of basketball season!

Show Choir Premier and Clinic will be held Saturday November 19 at PHS from 9:00 - 2:00. Students in grades 1 - 8 are invited to participate. The event will begin at 8:00 pm with ticket prices of \$5.00 for adults and \$3.00 for students.

Holiday Choral Concerts and Cookie Walk - Sunday December 11th @ 2:30 and 4:30 pm. The Christmas Cookie Walk set up is Saturday December 10th beginning at 9:00 am. See Mr. Westfall for sign-up information.

Holiday Band Concert is Monday December 12th @ 7:00 pm

Athletic News

FALL SPORTS AWARDS PROGRAM ~ NOVEMBER 09 @ 6:00 pm
Winter Sports Pictures by LifeTouch ~ November 14 (after school)

Athletic Passes for basketball and wrestling contests can be purchased in the Piqua High School Athletic Office. This pass will be good for all home athletic events (boys and girls, junior high, freshman, and varsity contests) and will be sold to students for \$45.00 and to adults for \$60.00. This pass does not include tournament games.

BLUE OUT FIGHT AGAINST DIABETES

Senior students Kayli Anderson, Ashley Brading & Clare Went organized the "Blue Out Fight against Diabetes" day at PHS October 07, 2016. Over 500 blue tie-dyed t-shirts were ordered and sold to the student body and community. With the sale of the blue t-shirts over \$3000 was raised! The money will be donated to the Dayton Diabetes Association. PHS wants to help raise awareness about this disease because many students and staff members live with diabetes everyday.

Clubs at PHS

FCCLA - Family, Career and Community Leaders of America is a national Career and Technical Student Organization that provides personal growth, leadership, development, and career preparation opportunities for students in Family and Consumer Sciences. Students in an FCCLA class or have been in a class, are welcome! Any questions, please ask Mrs. Rezabek.

For Club – Is a Student Lead organization which fosters an environment of respect and caring within the school and community. Special Projects help enrich the lives of others. Mrs. Muhlenkamp, and Mrs. Pace are the advisers.

Interact Club is a service organization associated with the Rotary Club. One of our main activities is our Blood Drive held at Piqua High School before the Troy Football game and also again in the spring. Interact is open to everyone! For information contact Ms. Watson.

Key Club is also a service organization associated with the Kiwanis. Key Club assists Kiwanis in carrying out the mission of helping children. Advised by Kim Bean and Bonnie Jackson.

Link Crew – students in grades 11-12 act as mentors to the incoming freshman to help them transition into high school. Mrs. Huntsman and Mrs. Riley advise.

Spanish club is being advised by Senore Potts. In this club we will celebrate diversity, push skills beyond a 42 minute class period, learn more about Spanish and Latin American customs, food music, sports, art and more!

Art Club – Members participate in projects to beautify the school and community and have several fundraisers to support the club. Mr. Fashner is the adviser.

Science Olympiad – an academic competition team that competes in events consisting of building identifying modeling and studying different scientific phenomenon. Coached by Mr. Lightle, Mrs. Ferncez.

Academic Challenge – a group which competes in quiz bowls. This is a winter GWOC sport. Coached by Mr. Williams

Model UN – Students have the opportunity to play a part in solving world problems. Mrs. Downs, Mrs. Pace.

Student Council - Elected Students plan activities such as Homecoming, Honor Roll Assemblies and Teacher appreciation breakfasts. Students must maintain high academic standards and attendance to be a part of Student Council. Mrs. Allen advises.

Giving Thanks Can Create A Healthier You

Did you know being thankful, and having a better attitude can actually increase your health? It's easy to focus on all the things that might be going wrong in our lives. We can spend so much time thinking on all these things that we become frustrated or even angry. Becoming frustrated or angry can cause stress and fatigue in our bodies. Stress and fatigue can wear our bodies down, decrease our immune response and make us more likely to get sick. Some of the common signs of too much stress include headaches, stomach aches, inability to sleep, and unusual weight loss or even weight gain. On the other hand being thankful for the small things that are going well in our lives can make us feel happy, energetic, and lead to better overall health.

What are you thankful for? Your family? Your friends? Your job? It's easy to take all of these things for granted. Sometimes it can be the smallest things that can make us have a great day! Sometimes it can be hard to be thankful when everything is going wrong and it seem like everyone is against you. Remember, it's impossible to be angry or depressed and thankful all at the same time! Think of one thing or special person every day that you are thankful for. You will feel better and be healthier.

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937-778-4514

Website:
www.piqua.org

November Calendar

01- UVCC will meet with Sophomores
06- Daylight Savings
09 - Fall Sports Awards Program 6:00 pm
11 - Band at Veterans Day Service
14 - Winter Sports Picture/Lifetouch 2:30
19 - Show Choir Premier
23, 24, 25 Thanksgiving Break
30- UVCC Explore Career's Day

December Calendar

7 - Pearl Harbor Day
10 - ACT @ PJHS
11 - Holiday Vocal Concert/cookie walk
2:30 and 4:30
12 - PHS Band Christmas Concert 7:00
20 - Semester Exams
21- Semester Exams
21 - Last day of classes before break

January

03 - Classes resume