

# NOVEMBER | 2023



## PCIS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> <b>Dorito</b> Walking Taco (28) Meat & Cheese (3) Lettuce & Salsa (5) Seasoned Black Beans (16) Fruit Milk	<b>31</b> Appetizer Basket w/ Cheese Sticks (36) & Boneless Wings (11) Potato Wedges (14) Marinara (2) Fruit Milk	<b>1</b> <b>East of Chicago</b> Pizza (42) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fruit Milk	<b>2</b> Ravioli (23) Bread Stick (14) Steamed Broccoli (2) Baby Carrots (12) w/ Ranch (5) Fruit Milk	<b>3</b> NO SCHOOL
<b>6</b> Chicken Patty Sandwich (28) Baby Carrots (12) w/ Ranch (5) Baked Beans (36) Fruit Milk	<b>7</b> Popcorn Chicken Mashed Potato Bowl (43) Corn (16) Fruit Milk	<b>8</b> <b>East of Chicago</b> Pizza (42) Cucumbers & Tomatoes w/ Ranch (5) Green Beans (4) Fruit Milk	<b>9</b> Spaghetti (18) Bread Stick (14) Salad (4) w/ French (6) or Ranch (5) Steamed Broccoli (2) Fruit Milk	<b>10</b> Cheesy Garlic Bread (22) Marinara (2) California Blend (3) Fruit Milk
<b>13</b> <b>Nachos</b> (18) Meat & Nacho Cheese (10) Lettuce & Salsa (5) Refried Beans (16) Fruit Milk	<b>14</b> Cheese Stuffed Breadstick (32) Marinara Cup (10) Salad (4) w/ French (6) or Ranch (5) Fruit Milk	<b>15</b> <b>School</b> Pizza (42) Baby Carrots (12) w/ Ranch (5) Corn (16) Fruit Milk	<b>16</b> Cheeseburger (23) Baked Beans (36) French Fries (14) Fruit Milk	<b>17</b> Mac & Cheese (28) Potato Wedges (7) Steamed Broccoli (2) Fruit Milk
<b>20</b> <b>Holiday Meal</b> Turkey & Noodles (11) Mashed Potato & Gravy (15) Stuffing (15) Green Beans (4) Pumpkin Pie Fruit Milk	<b>21</b> Grilled Cheese (28) Tomato soup (20) Steamed Broccoli (2) Fruit Milk	<b>22</b> NO SCHOOL	<b>23</b> NO SCHOOL	<b>24</b> NO SCHOOL
<b>27</b> <b>Dorito</b> Walking Taco (28) Meat & Cheese (3) Lettuce & Salsa (5) Seasoned Black Beans (16) Fruit Milk	<b>28</b> Appetizer Basket w/ Cheese Sticks (36) & Boneless Wings (11) Potato Wedges (14) Marinara (2) Fruit Milk	<b>29</b> <b>East of Chicago</b> Pizza (42) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fruit Milk	<b>30</b> Ravioli (23) Bread Stick (14) Steamed Broccoli (2) Baby Carrots (12) w/ Ranch (5) Fruit Milk	<b>1</b> Chicken & Waffles (34) Syrup Cup (29) Tater Rounds (14) Glazed Sweet Potato (16) Fruit Milk

### Fruit & Vegetables

**You MAY take 1  
Fruit choice and 2  
Vegetables with your  
meal  
But it is  
REQUIRED that  
You take at least 1 of one  
or the other  
To count as a  
Reimbursable  
School meal**

**Fresh Fruit Choices  
Served daily.**

**Other Choices Offered  
Daily**

**Milk is ALWAYS .60  
Unless it is with a meal**

**(##) is Carb count**