

MAY | 2024

PHS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Chicken Fajita (0) Tortilla (30) Cheese (0) Lettuce & Salsa (5) Seasoned Black Beans (16) Fruit Milk	30 Appetizer Basket w/ Cheese Sticks (36) & Boneless Wings (11) Marinara (2) Potato Wedges (14) Fruit Milk	1 Ravioli (23) Bread Stick (14) Steamed Broccoli (2) Baby Carrots (12) w/ Ranch (5) Fruit Milk	2 Chicken & Waffles (34) Syrup Cup (29) Tater Rounds (14) Glazed Sweet Potato (16) Fruit Milk	3 <u>East of Chicago</u> Pizza (42) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fruit Milk
6 Chicken Patty Sandwich (28) Baby Carrots (12) w/ Ranch (5) Baked Beans (36) Fruit Milk	7 Popcorn Chicken Mashed Potato Bowl (43) Corn (16) Dinner Roll (15) Fruit Milk	8 Cheesy Garlic Bread (22) Marinara (2) California Blend (3) Fruit Milk	9 Spaghetti (18) Salad (4) w/ French (6) or Ranch (5) Steamed Broccoli (2) Bread Stick (14) Fruit Milk	10 <u>East of Chicago</u> Pizza (42) Cucumbers & Tomatoes w/ Ranch (5) Green Beans (4) Fruit Milk
13 Cooks Choice	14 Cooks Choice	15 Cooks Choice	16 Cooks Choice	17 <u>East of Chicago</u>
20 Cooks Choice	21 Cooks Choice	22 Cooks Choice	23 Cooks Choice	24 Cooks Choice
27	28	29	30	31

Fruit & Vegetables

You **MAY** take 2
Fruits and 2
Vegetables with your meal
But it is
REQUIRED that
You take at least 1 of one
or the other
To count as a
Reimbursable
School meal

Fresh Fruit Choice
Served Daily

Other Choices
Chicken Breast Sandwich
(28)
Cheeseburger (26)
Cheese Sticks (30)
Spicy Chicken Breast
Sandwich (28)
School Pizza (33)
Salads (15)
PB&J w/ Yogurt (44)

(##) is Carb count