



# MARCH | 2024

**PHS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>26</b> Chicken Fajita (0) Tortilla (30) Cheese (0) Lettuce & Salsa (5) Seasoned Black Beans (16) Fruit Milk	<b>27</b> Appetizer Basket w/ Cheese Sticks (36) & Boneless Wings (11) Marinara (2) Potato Wedges (14) Fruit Milk	<b>28</b> Ravioli (23) Bread Stick (14) Steamed Broccoli (2) Baby Carrots (12) w/ Ranch (5) Fruit Milk	<b>29</b> Chicken & Waffles (34) Syrup Cup (29) Tater Rounds (14) Glazed Sweet Potato (16) Fruit Milk	<b>1</b> <u>East of Chicago</u> Pizza (42) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fruit Milk
<b>4</b> Chicken Patty Sandwich (28) Baby Carrots (12) w/ Ranch (5) Baked Beans (36) Fruit Milk	<b>5</b> Popcorn Chicken Mashed Potato Bowl (43) Corn (16) Dinner Roll (15) Fruit Milk	<b>6</b> Cheesy Garlic Bread (22) Marinara (2) California Blend (3) Fruit Milk	<b>7</b> Spaghetti (18) Salad (4) w/ French (6) or Ranch (5) Steamed Broccoli (2) Bread Stick (14) Fruit Milk	<b>8</b> NO SCHOOL
<b>11</b> <u>Nachos</u> (18) Meat & Nacho Cheese (10) Lettuce & Salsa (5) Refried Beans (16) Fruit Milk	<b>12</b> Cheese Stuffed Breadstick (32) Marinara Cup (10) Salad (4) w/ French (6) or Ranch (5) Fruit Milk	<b>13</b> Mac & Cheese (28) Potato Wedges (7) Steamed Broccoli (2) Dinner Roll (15) Fruit Milk	<b>14</b> Chicken & Noodles (30) Mashed Potato (15) Green Beans (4) Dinner Roll (15) Fruit Milk	<b>15</b> <u>East of Chicago</u> Pizza (42) Baby Carrots (12) w/ Ranch (5) Corn (16) Fruit Milk
<b>18</b> Cheeseburger (23) Baked Beans (36) Baby Carrots (12) w/ Ranch (5) Fruit Milk	<b>19</b> Grilled Cheese (28) Tomato soup (20) Steamed Broccoli (2) Fruit Milk	<b>20</b> Buffalo Chicken & Chips (47) Cucumbers (0) & Tomatoes (2) w/ Ranch (5) Peas (11) Fruit Milk	<b>21</b> General Tso Chicken (25) w/ Rice (15) French Fries (14) Oriental Veggie (3) Fruit Milk	<b>22</b> <u>East of Chicago</u> Pizza (42) Corn (16) Glazed Sweet Potato (16) Fruit Milk
<b>25</b> Chicken Fajita (0) Tortilla (30) Cheese (0) Lettuce & Salsa (5) Seasoned Black Beans (16) Fruit Milk	<b>26</b> Appetizer Basket w/ Cheese Sticks (36) & Boneless Wings (11) Marinara (2) Potato Wedges (14) Fruit Milk	<b>27</b> Ravioli (23) Bread Stick (14) Steamed Broccoli (2) Baby Carrots (12) w/ Ranch (5) Fruit Milk	<b>28</b> Chicken & Waffles (34) Syrup Cup (29) Tater Rounds (14) Glazed Sweet Potato (16) Fruit Milk	<b>29</b> NO SCHOOL

## **Fruit & Vegetables**

You **MAY** take 2  
Fruits and 2  
Vegetables with your meal  
But it is  
**REQUIRED** that  
You take at least 1 of one  
or the other  
To count as a  
Reimbursable  
School meal

Fresh Fruit Choice  
Served Daily

**Other Choices**  
Chicken Breast Sandwich  
(28)  
Cheeseburger (26)  
Cheese Sticks (30)  
Spicy Chicken Breast  
Sandwich (28)  
School Pizza (33)  
Salads (15)  
PB&J w/ Yogurt (44)

(##) is Carb count