### January 2022

#### Monday
- **3**
  - Mini Corn Dogs (20)
  - Baby Carrots (12) w/ Ranch (5)
  - Baked Beans (36)
  - Fruit
  - Milk

#### Tuesday
- **4**
  - Appetizer Basket w/ Cheese Sticks (36) & Boneless Wings (11)
  - Marinara (2)
  - Potato Wedges (14)
  - Fruit
  - Milk

#### Wednesday
- **5**
  - Cheeseburger (21)
  - French Fries (12)
  - Steamed Broccoli (2)
  - Fruit
  - Milk

#### Thursday
- **6**
  - Chicken & Waffles (34)
  - Syrup Cup (29)
  - Tater Rounds (14)
  - Glazed Sweet Potato (16)
  - Fruit
  - Milk

#### Friday
- **7**
  - East of Chicago Pizza (42)
  - Corn (16)
  - Cooked Carrots (16)
  - Fruit
  - Milk

#### Fruit & Vegetables

You MAY take 2 Fruits and 2 Vegetables with your meal.

But it is REQUIRED that you take at least 1 of one or the other to count as a Reimbursable School meal.

Fresh Fruit Choice
- Served Daily

### Other Choices
- **Baked Potato
  - Steamed Broccoli (2)
  - Cheese Sauce (5)

- **Popcorn Chicken
  - Mashed Potato (43)
  - Corn (16)
  - Dinner Roll (15)
  - Fruit
  - Milk

- **Chicken Bacon Ranch\n  - Flatbread (42)
  - Cooked Cauliflower (2)
  - Baby Carrots (12) w/ Ranch (5)
  - Fruit
  - Milk

- **Cheesy Garlic Bread
  - Celery (2) w/ Ranch (5)
  - Corn (16)
  - Fruit
  - Milk

- **East of Chicago Pizza
  - Chicken Breast Sandwich (28)
  - Cheeseburger (26)
  - Cheese Sticks (30)
  - Spicy Chicken Breast Sandwich (28)
  - School Pizza (33)
  - Salads (15)
  - PB&J w/ Yogurt (44)

(##) is Carb count

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This institution is an equal opportunity provider