



JANUARY | 2019

Piqua Jr High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 NO SCHOOL	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 Coney Dog (2) w/ Cheese (0) Bun (21) Chicken Patty (28) Baked Beans (36) Baby Carrots (12) w/ Ranch (5) Fresh Oranges (21) Applesauce (14)	8 Mozzarella Dippers (26) w/ Marinara (6) Cheeseburger (25) French Fries (7) Steamed Broccoli (2) Fresh Apple Slices (18) Peaches (14)	9 Cheese Quesadilla (40) Hot Chicken Sand. (32) Glazed Carrots (16) Corn (16) Grapes (16) Pears (16)	10 Chicken & Noodles (21) Chicken Nuggets Dinner Roll (15) Mashed Potato (15) Green Beans (4) Pumpkin Custard (32) Strawberries (21) Pineapple	11 Big Daddy's Pizza (34) BBQ Rib w/ Pickle (25) California Blend (3) Peas (11) Fresh Banana (27) Mandarin Oranges (20)
14 Nachos (27) - Taco Meat (3) Cheese Sauce (5) Chips (27) Pulled Pork Fajita (21) Lettuce & Salsa (5) Refried Beans (16) Fresh Oranges (21) Applesauce (14)	15 Cheese Garlic Bread (30) BBQ Chicken Sand. (25) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fresh Apple Slices (18) Peaches (14)	16 French Toast (40) Sausage Patty Syrup Cup (29) Sausage, Egg & Cheese Sandwich (29) Tater Rounds (14) Glazed Carrots (16) Orange Juice (19) Pears (16)	17 Hot Ham & Cheese (25) Turkey & Cheese (25) Baked Potato (24) Steamed Broccoli (2) Cheese Sauce (5) Strawberries (6) Pineapple (20)	18 East of Chicago (42) Chicken Fingers (8) w/ Dinner Roll (15) Glazed Carrots (16) Baby Carrots (12) w/ Ranch (5) Fresh Banana (27) Mandarin Oranges (20)
21 NO SCHOOL	22 Spaghetti (18) w/ BBQ Rib w/ Pickle (25) Salad (4) w/ French (6) or Ranch (5) Green beans (4) Fresh Apple Slices (18) Peaches (14)	23 Grilled Cheese (31) Chicken Patty (28) Tomato Soup (10) Steamed Broccoli (2) Grapes (16) Pears (16)	24 Roasted Chicken (0) Chicken Fingers (8) w/ Dinner Roll Mashed Potato (15) Glazed Carrots (38) Strawberries (6) Pineapple (20)	25 Big Daddy's Pizza (34) Shredded BBQ (39) Cucumbers (0) & Tomatoes (2) w/Ranch (5) Fresh Banana (27) Mandarin Oranges (20)
28 Mac & Cheese (27) Dinner Roll (15) Fish (21) Potato Wedges (14) Cooked Carrots (16) Fresh Oranges (21) Mixed Fruit (15)	29 Pizza Bob (30) Ravioli (28) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fresh Apple Slices (18) Peaches (14)	30 General Tso Chicken (18) w/ Rice (29) Popcorn Chicken (9) w/ Roll (15) French Fries (14) Steamed Broccoli (2) Grapes (16) Pears (16)	31 Chicken Fajita (21) Taco Salad (21) Lettuce & Salsa (5) Refried Beans (16) Strawberries (6) Pineapple (20)	1 East of Chicago (42) Chicken Fingers (8) w/ Dinner Roll (15) Peas (11) Baby Carrots (12) w/ Ranch (5) Fresh Banana (27) Mandarin Oranges (20)

Fruit & Vegetables

**You MAY take 1
Fruit choice and 2
Vegetables with your
meal
But it is
REQUIRED that
You take at least 1 of one
or the other
To count as a
Reimbursable
School meal**

**All lunches come
With low-fat
Or no fat Milk**

**All grains served
Are
Whole grain
Enriched**

**Milk is ALWAYS .50
Unless it is with a meal**

(##) is Carb count