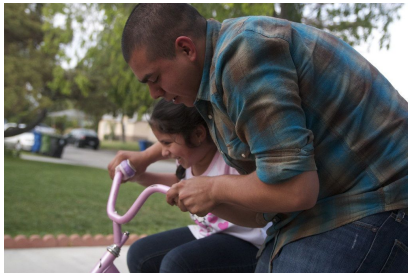
Sample Mastery Scale: **Standard: Every student needs to be able to ride a bicycle safely. (PE 1.1)**

The progression of skills moves left to right. The Performance indicator is the numeral 1,2,3,4

1: ⇛ ⇛ Student has **limited skills, demonstrates little to no progress** and needs support to do grade level work.	2. ⇛ Making progress toward grade level expectations. Can demonstrate some **basic foundational skills,** partial knowledge or recall of vocabulary	3. ⇛ Meets grade level expectations. Consistently demonstrates **mastery of all aspects of the grade level standard**	4. Demonstrates learning that goes **Above and Beyond grade level expectations**. Consistently works at a greater depth of understanding.
A first grade student at this level:	A first grade student at this level can do **some** of the following:	A first grade student at this level can:	A first grade student at this level can:
• Needs support from an adult to balance on the bike. • Needs adult assistance to sit and balance on the bicycle while moving 	• Can ride with the assistance of training wheels • Can get on and off the bicycle without falling over. • Can use the pedals to put the bike into motion • Can put on his/her helmet and protective gear without assistance • Can use hand brakes or pedal brakes to stop the bicycle independently 	Student is able to independently ride a bicycle. Student can mount, dismount, negotiate turns, start and stop independently. Student knows and understands safe riding practices including wearing proper safety gear such as a helmet. 	• Student is able to ride his/her bicycle will a high degree of skill such as navigating a course or rough terrain • Student can his/her ride bike for extended periods of time - ie: long distance courses • Student can perform tricks, jumps, or other difficult stunts