

# APRIL | 2019

## Springcreek & Washington



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> Mac &amp; Cheese (27) Dinner Roll (15) Fish (21) Potato Wedges (7) Cooked Carrots (16) Fresh Oranges (21) Applesauce (14)</p>	<p><b>2</b> East of Chicago (42) Chicken Fingers (8) w/ Dinner Roll (15) Peas (11) Baby Carrots (12) w/ Ranch (5) Fresh Apple Slices (18) Peaches (14)</p>	<p><b>3</b> Ravioli (28) BBQ Chicken Sand (25) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Grapes (16) Pears (16)</p>	<p><b>4</b> Chicken Fajita (21) Taco Salad (21) Lettuce &amp; Salsa (5) Refried Beans (16) Strawberries (21) Pineapple (20)</p>	<p><b>5</b> General Tso Chicken (18) w/ Rice (29) Popcorn Chicken (9) w/ Dinner Roll (15) French Fries (7) Steamed Broccoli (2) Fresh Banana (27) Mandarin Oranges (20)</p>
<p><b>8</b> Coney Dog (2) w/ Cheese (0) Bun (21) Chicken Patty (28) Baked Beans (36) Baby Carrots (12) w/ Ranch (5) Mixed Berry Cup (20) Applesauce (14)</p>	<p><b>9</b> Chicken &amp; Noodles (11) Chicken Nuggets (15) Dinner Roll (15) Mashed Potato (15) Green Beans (4) Pumpkin Custard (32) Fresh Apple Slices (18) Peaches (14)</p>	<p><b>10</b> Mozzarella Dippers (26) w/ Marinara (6) Cheeseburger (21) French Fries (12) Steamed Broccoli (2) Grapes (16) Pears (16)</p>	<p><b>11</b> Big Daddy Pizza (35) Pulled Pork Sand. (21) Cucumbers (0) &amp; Tomatoes (2) w/ Ranch (5) Peas (11) Strawberries (22) Jello &amp; Fruit (23)</p>	<p><b>12</b> Cheese Quesadilla (40) Sloppy Joe (31) Glazed Carrots (16) Corn (16) Fresh Banana (27) Blueberries (10)</p>
<p><b>15</b> <b>Dorito</b> Walking Taco (28) Meat &amp; Cheese (3) Pulled Pork Fajita (21) Lettuce &amp; Salsa (5) Refried Beans (16) Fresh Oranges (21) Applesauce (14)</p>	<p><b>16</b> East of Chicago (42) Chicken Fingers (8) w/ Dinner Roll (15) California Blend (5) Baby Carrots (12) w/ Ranch (5) Mixed Berry Cup (20) Peaches (14)</p>	<p><b>17</b> Chicken &amp; Waffles (34) French Toast (27) &amp; Sausage Patty ( ) Syrup Cup (29) Tater Rounds (14) Glazed Carrots (16) Orange Juice (18) Pears (16)</p>	<p><b>18</b> Cheese Garlic Bread (22) Chili (15) Cornbread (28) Green Beans (4) Salad (4) w/ French (6) or Ranch (5) Strawberries (21) Pineapple (20)</p>	<p><b>19</b> <b>NO SCHOOL</b></p>
<p><b>22</b> Mini Corn Dogs (20) Cheeseburger (25) Baby Carrots (12) w/ Ranch (5) Baked Beans (36) Mixed Berry Cup (20) Applesauce (14)</p>	<p><b>23</b> Spaghetti (18) w/ BBQ Rib w/ Pickle (25) Salad (4) w/ French (6) or Ranch (5) Green beans (4) Fresh Apple Slices (18) Peaches (14)</p>	<p><b>24</b> Roasted Chicken (0) Chicken Nuggets (15) Dinner Roll (15) Mashed Potato (15) Glazed Carrots (16) Grapes (16) Pears (16)</p>	<p><b>25</b> Grilled Cheese (31) Chicken Patty (28) Tomato Soup (10) Broccoli (2) Strawberries (21) Jello &amp; Fruit (23)</p>	<p><b>26</b> Big Daddy Pizza (35) Shredded Pork BBQ (25) Celery (2) w/ Ranch (5) Corn (16) Fresh Banana (27) Blueberries (10)</p>
<p><b>29</b> Mac &amp; Cheese (27) Dinner Roll (15) Fish (21) Potato Wedges (7) Cooked Carrots (16) Fresh Oranges (21) Applesauce (14)</p>	<p><b>30</b> East of Chicago (42) Chicken Fingers (8) w/ Dinner Roll (15) Peas (11) Baby Carrots (12) w/ Ranch (5) Mixed Berry Cup (20) Peaches (14)</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### Fruit & Vegetables

**You MAY take 1  
Fruit choice and 2  
Vegetables with your  
meal  
But it is  
REQUIRED that  
You take at least 1 of one  
or the other  
To count as a  
Reimbursable  
School meal**

**All lunches come  
With low-fat  
Or no fat Milk**

**All grains served  
Are  
Whole grain  
Enriched**

**Milk is ALWAYS .50  
Unless it is with a meal**

**(##) is Carb count**