

# APRIL | 2019

## Piqua High School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> Mac &amp; Cheese (28) Fish Sticks (22) Dinner Roll (15) Potato Wedges (14) Cooked Carrots (16) Fresh Oranges (21) Applesauce (14)</p>	<p><b>2</b> Ravioli (28) BBQ Chicken Sand. (28) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Fresh Apple Slices (18) Peaches (14)</p>	<p><b>3</b> General Tso Chicken (25) w/ Rice (29) Popcorn Chicken (20) w/ Roll (15) French Fries (14) Steamed Broccoli (2) Grapes (16) Pears (16)</p>	<p><b>4</b> Chicken Fajita (21) Taco Salad (21) Lettuce &amp; Salsa (5) Refried Beans (16) Strawberries (22) Pineapple (20)</p>	<p><b>5</b> East of Chicago (42) Chicken Fingers (13) w/ Dinner Roll (15) Cucumbers (0) &amp; Tomatoes (2) Baby Carrots (12) w/ Ranch (5) Fresh Banana (27) Mandarin Oranges (20)</p>
<p><b>8</b> Coney Dog (2) w/ Cheese (0) Bun (21) Chicken Patty (28) Baked Beans (36) Baby Carrots (12) w/ Ranch (5) Mixed Berry Cup (20) Applesauce (14)</p>	<p><b>9</b> Mozzarella Dippers (26) w/ Marinara (6) Cheeseburger (21) French Fries (12) Steamed Broccoli (2) Jello &amp; Fruit (23) Peaches (14)</p>	<p><b>10</b> Cheese Quesadilla (40) Sloppy Joe (31) Glazed Carrots (16) Corn (16) Grapes (16) Pears (16)</p>	<p><b>11</b> Chicken &amp; Noodles (21) Chicken Nuggets (13) Dinner Roll (15) Mashed Potato (15) Green Beans (4) Pumpkin Custard (32) Strawberries (22) Pineapple (20)</p>	<p><b>12</b> East of Chicago (42) Pulled Pork Sand. (26) Cucumbers (0) &amp; Tomatoes (2) w/ Ranch (5) Peas (11) Fresh Banana (27) Blueberries (10)</p>
<p><b>15</b> <b>Dorito</b> Walking Taco (28) Meat &amp; Cheese (3) Chicken Fajita (21) Lettuce &amp; Salsa (5) Refried Beans (16) Fresh Oranges (21) Applesauce (14)</p>	<p><b>16</b> Cheese Garlic Bread (22) Chili (15) Combread (28) Gold Fish Crackers (14) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Mixed Berry Cup (20) Peaches (14)</p>	<p><b>17</b> Chicken &amp; Waffles (34) French Toast (46) Syrup Cup (29) Tater Rounds (16) Glazed Carrots (16) Orange Juice (19) Pears (16)</p>	<p><b>18</b> Hot Ham &amp; Cheese (25) BBQ Chicken Sand. (28) Baked Potato (24) Steamed Broccoli (2) Cheese Sauce (5) Strawberries (22) Pineapple (20)</p>	<p><b>19</b> <b>NO SCHOOL</b></p>
<p><b>22</b> Mini Corn Dogs (20) Cheeseburger (25) Baby Carrots (12) w/ Ranch (5) Baked Beans (36) Mixed Berry Cup (20) Applesauce (14)</p>	<p><b>23</b> Spaghetti (34) w/ Breadstick (14) BBQ Rib w/ Pickle (38) Salad (4) w/ French (6) or Ranch (5) Green beans (4) Fresh Apple Slices (18) Peaches (14)</p>	<p><b>24</b> Grilled Cheese (31) Chicken Patty (39) Tomato Soup (20) Steamed Broccoli (2) Grapes (16) Pears (16)</p>	<p><b>25</b> Roasted Chicken (0) Chicken Nuggets (15) Dinner Roll (15) Mashed Potato (15) Glazed Carrots (16) Strawberries (22) Jello &amp; Fruit (23)</p>	<p><b>26</b> East of Chicago (42) Shredded BBQ (30) Celery (2) w/ Peanut butter cup (8) Corn (16) Fresh Banana (27) Blueberries (10)</p>
<p><b>29</b> Mac &amp; Cheese (28) Fish Sticks (22) Dinner Roll (15) Potato Wedges (14) Cooked Carrots (16) Fresh Oranges (21) Applesauce (14)</p>	<p><b>30</b> Ravioli (28) BBQ Chicken Sand. (28) Salad (4) w/ French (6) or Ranch (5) Green Beans (4) Mixed Berry Cup (20) Peaches (14)</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### Fruit & Vegetables

You **MAY** take 2  
Fruits and 2  
Vegetables with your meal  
But it is  
**REQUIRED** that  
You take at least 1 of one or  
the other  
To count as a  
Reimbursable  
School meal

All lunches come  
With low-fat  
Or no fat Milk

### Other Choices

Chicken Patty Sandwich (28)  
Cheeseburger (26)  
Cheese Sticks (30)  
Spicy Chicken Sandwich (28)  
School Pizza (33)  
Salads (15)  
PB&J w/ Yogurt (44)  
(##) is Carb count